

Buckeye Branch 78 Bulletin

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OCTOBER 2003



VOL. 25, NO. 10



PRESIDENT'S PAGE



I attended the National Rap session in Minnesota September 6-7. The hot topic for the weekend was the Postal Reform Commission findings. Branch leaders from all over the United States were in attendance. President Young, who I have much confidence in, gave a seminar on the commissions report. It was both informative and necessary. I have said before that the Postal Service is navigating new waters. With a decline in volume, many tasks we take for granted are in jeopardy. If you are in attendance at the branch meetings you have heard me talk on Postal reform and what we are facing in the future. Now is a critical time for all employees to get involved and to stay involved.

The NALC mailed a videotape to all Letter Carriers addressing Postal Reform. Please take the time to watch it. The NALC had the vision to foresee what was coming down the road. We have formed an allegiance with both Republicans and Democrats to protect our interest. We have also led a coalition of employee groups and major mailers to advance bipartisan postal reform. Now the NALC is asking for our help. They

are asking that all letter carriers sign up for the payroll allotment to COLCPE. Just a mere 1\$ per week will help. Give the NALC the reverence we need to fight the tyrannies brought against us by our enemies. The NALC will keep you informed and have faith in our Union.

The branch picnic went well. I believe well over 200 hundred people attended this year. There were many activities for all to enjoy ranging from pony rides, face painting to basketball and fishing. I want to thank Carl Demko and Trevor Payne for the job they did putting together the picnic this year. There were many volunteers that helped also. It takes a lot to put this together and without the help of some of our members it could not go as well as it did. I thank you! You know who you are.

Now I must touch on a more som-

ber note.

The branch recently has suffered through the passing of two good members. Jack Welch, past president of 5 terms and was the Director of Retirees. Art Armstrong, active Gahanna carrier, trustee for the branch. I cannot say enough about either person. Both touched the souls of many folks around them. Each was different in many ways but left an impact on those who shared their presence. This small article gives neither of them the justice they deserve nor the influence they both had on me as a person and a human being. Both will be missed dearly.

I have appointed Randy Hartman, Delaware Carrier, trustee of branch

78. I know that Randy will do a fine job representing the membership. We have an excellent group of branch officers. Please give them the support they need.

*Remember
keep fighting the
good fight!*



A MESSAGE FROM VICE PRESIDENT BOB SOLT



The National Rap Session is now history and there were many interesting topics covered in separate breakouts. The NALC National Rap Session took place in Minneapolis/St. Paul September 5, 6 and 7th. I was honored to attend the Rap Session along with our President, Rocco Evangelista and Regional Administrative Assistant, Doug Gulley. National Business Agent, Bill Cooke, welcomed us. There were more than 1,000 interested letter carriers and officers in attendance during the session. There were four workshops on issues affecting letter carriers and the future of the USPS with the Formal Rap Session with President Young ending the Rap Session Sunday with questions and answers. We were able to attend the workshops to hear the National Officers and their presentation on the topic in each of the workshops. The workshops included such things as the President's Commission on USPS; Intervention Task Force, and the USPS In a Changing Economy City Delivery/Contract Administration. All of which were very interesting and enlightening. The Rap Session was different than earlier Rap Sessions with the workshops being a new and informational part of the NALC Rap Session. The NALC and the USPS will face many challenges in the future but we have taken steps in preparation for what the upcoming months holds. The declining mail volume coupled with the rising economy has generated many problems for the postal service. Many

households today now have computers and conduct functions electronically over the Internet from banking to shopping. The troubled workplaces that exist the high cost of doing business along with strained relationships continue to add to the deficit. We are being asked to grab hold of the future and become part of the solution and not be left behind in the past. The USPS has a long history of binding the nation and families together that we want that to continue. In addition to the Dispute Resolution language in Article 15 the parties have developed an Intervention Process for the purpose of identifying and responding to troubled locations, which are unable to deal with disputes themselves. The Intervention Task Force Workshop was to introduce the issues that would raise the flag that intervention made be warranted. There are a number of indicators that would prompt an intervention; a steady increase in grievance activity; processing delays; and reoccurring grievances; are but a few of the indicators that may point directly at an installation ripe for the intervention process. In some areas the NALC and USPS have historically been unable to get along without a continued battle. Those areas lost in the past will be the first to be brought into the future. It is necessary that we all learn to work for the well being of the NALC and the USPS and our families. The NALC has called for the membership to become involved in Postal Reform but has asked that they wait for direction. Each member and non-member received videotape from the National, which should be viewed with your family and friends concerning the USPS. President Young stated "We cannot do this without you; we need each and every one

of you," and also ask that the entire membership wait for direction from the National Level. The NALC has also launched an e-Activist for those of you who are computer knowledgeable and it can be found at the NALC website, www.nalc.org <<http://www.nalc.org>>. The NALC needs the help and assistance of everyone to assist in this continuing battle protecting letter carrier wages, working conditions and job security and the USPS. Without the existence of the USPS there will be no need for collective bargaining, six-day delivery or the concern about working conditions. Those of you without computers can sign up to become a NALC Activist by filling out the form NALC Can Count On Me, which can be found in a number of places. If you have trouble finding one contact me and I will be happy to send you one. Remember, we need each and every one of you, even the non-member to get behind the NALC in an effort to preserve the USPS while securing meaningful postal reform legislation.

It is with great regret that I write about the death of two of Branch 78 Officers, Art Armstrong and Jack Welch. Both longtime Branch 78 NALC members. Art was a member some thirty years and Jack being a Life member. Jack having been the President of the Branch years ago and currently serving as the Director of Retirees for many years. Those of you that knew these two had the privilege of knowing two special people. Each in their own way contributed to a cause that was near and dear to their own heart. They both will be missed but never forgotten.

Bob Solt

Vice President Branch 78, NALC

RETIREE ALERT

How secure are our Health Benefits?

By Jack LeVally

If you're older than 65 and retired could the Postal Service decide to cancel your health coverage? The answer is yes if the Medicare Bill (S-1) as passed by the Senate in June becomes law. S.1 Section 631 will lead to reduced health benefits for those retirees sixty five and older. You might ask how this could happen?

The Section 631 of S.1, exempts retiree health plans from federal age discrimination laws and would allow employers to reduce or eliminate health benefits for retirees who are 65 or older. Senate and House lawmakers are in conference to try to forge an agreement that would add some prescription coverage to the thirty eight year old health care program.

This obscure provision, hidden near the back pages of the 1,004 page document, was the handiwork of lobbyist for major employer interests. The provision (Section 631) thankfully has emerged as a significant sticking point in negotiations.

According to a member of the Senates Committee staff, who declined to be identified, Section 631 was inserted without any public debate and was "hashed out" by members of the employer community.

This is one more sneaky underhanded attack on Labor Law that is being promoted by a Presidential and Congressional business friendly administrations.

Just this morning, Sept. 10, 2003 the Senate rejected a bid by the



President to change the law for the payment of overtime. This provision was inserted in a routine spending bill, authorization the appropriation of \$137.6 billion for next year's Labor, Education, and Health programs.

I called the Ohio Senators offices and could not find out how they were going to vote. I'm still waiting for a call-back.



YOU WILL BE MISSED...

PRESIDENT EMERITUS

JOHN (JACK) WELCH



It is with deep sadness that I must report the passing of a longtime Letter Carrier and even longer Union advocate. Branch 78 President Emeritus and current Director Of Retirees, Jack Welch, whose devotion to Branch 78 and his fellow Union brothers and sisters is well known to all who came in contact with him. It will be very difficult to replace the knowledge and experience that a sixty year member and holder of almost all the Branch offices including five term as President.

The members and officers of Branch 78 offer our sincerest sympathies.

Buckeye Br. 78 Bulletin
Published and Paid for
by Br.78

12 times per year
Volume 25 - Issue 10
October, 2003

| | |
|---------------------|-------------------|
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| Recording Secretary | Ron Santavicca |

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|---------|--------------|
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| | Yana Miller |

Please notify your local union of address changes as soon as possible.
Send address changes to:

Br. 78 Bulletin
1029 Harrisburg Pike
Columbus OH 43223-2524
614-279-2778

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| Printed by | Lanz Printing Co. |
| | Columbus Ohio |



A MESSAGE FROM YANA

Please forgive the late arrival of our last Bulletin but the Printer was broken into and suffered some major losses in equipment and completed projects. Any of you who have experienced a break-in know how devastating that can be and think of a business, the loss is magnified. The Lanz family is so supportive of the Branch and its charitable activities, our hearts go out to them trying to get things back on track.

The last few weeks have been hard on the Branch losing Brother Art Armstrong, Trustee and Brother John Bankes from Whitehall. Our sympathy is extended to both their families. It presses home how fragile this life is and tomorrow is not promised to any of us. On a lighter note, Brother Bill Zimmerman is making progress in his recovery from surgery and just as feisty as before. Sister Kathy Castle is recuperating from surgery and Brother Damon Elizondo is having some health setbacks and anticipating another surgery. You, too, are in our thoughts

and prayers.

Thank goodness Jack LeVally is back in charge of things. His expertise on legislative matters is invaluable to us. It is time for the Retiree Dinner, October 4th at Berwick Party House on Refugee and Winchester Pike. This is such a deal \$8. for active Carriers and \$5. for Retirees for a steak dinner and fixings. **REMEMBER IF YOU CAN'T COME DON'T BUY THE TICKET BECAUSE THE BRANCH STILL HAS TO PAY FOR THAT MEAL!!!** But we would love to fill the place since we will have two National Officers present, NBA Bill Cooke and Dir of City Delivery, Fred Rolando. What a treat for Branch 78 thanks to Jack LeVally.

Congratulations to Trevor Payne and Carl Demko for stepping in and organizing this year's Branch Picnic. The food was great, the door prizes were a nice new touch and the event went quite well till the weather changed and put a

damper on things. The DJ, Roger Noble, called Rocco on 9/11 to volunteer his time and equipment in appreciation for the job Letter Carriers do everyday. I wish I had known that at the time to personally thank him. So if anyone asks you about a DJ I suggest you give Roger a plug. His card will be in the bulletin to show our appreciation. **GOOD JOB GUYS!!! PLUS ALL YOUR VOLUNTEERS!!!**

Congratulations go out to Randy Hartman, Delaware Steward and Co-Chair of the EAP Advisory Council for his appointment to the Trustee vacancy. I know he'll do a great job and he jumped right in helping on the grill at the picnic, nice apron!

Lastly I hope you have all selected a chair for **One New Toy** in your stations and got the ball rolling. Don't miss out on the Bobby LaBonte jacket being raffled off for **One New Toy**. This baby is autographed and gorgeous. See you at the next Union meeting.

TOGETHER WE WILL MAKE A DIFFERENCE

BRANCH 78 NEEDS ADDRESSES FOR THESE ACTIVE LETTER CARRIERS

| Name. | Pay Location |
|--------------------|--------------|
| Bruce Akerman | 101 |
| Mark Burcham | 028 |
| Richard Cunningham | 019 |
| Angelo Edwards | 228 |
| Joseph Hansen | Westville |
| William Mc Neil | 031 |
| Larry Schmidt | 035 |
| Cody Siluk | 004 |
| Timothy Winphrie | 029 |
| Timothy Yenichek | 006 |



BRANCH 78 ALSO NEEDS ADDRESSES FOR THE FOLLOWING RETIREES

| | |
|---------------------|----------------|
| Ignatius Ballistere | Donald Graves |
| Daniel Crawford | John Kell |
| Henderson Edwards | Michael Mcarty |
| Milton Fuller | Donald Post |
| Charles Garringer | Emmit Rice |

NEGATIVE STEREOTYPES

While reading the Dispatch on Saturday August 23rd was disappointed in one of the titles for an article. In the article "Prostitution Sting, Police Arrest 38 people, letter carrier" I was trying to figure out why the occupation of one of the arrested had to be so prominent. Why would the occupations of those arrested need to be listed at all. If you're going to list the occupations why weren't all of them printed? This type of reporting wasn't necessary. You decided to list only one of the two occupations that are in the public eye.

I work for the Postal Service as a letter carrier. Myself, and the more than 800 other letter carriers in the Columbus District take our jobs seriously. Many of us work six days a week and put in almost 60 hours in that week serving the public. It's easy to take jabs at the Postal Service for various reasons without knowing the truth. Whenever the

media reports on something negative concerning letter carriers or the Postal Service, we take it to heart. Letter carriers do amazing things for the communities that we serve. Our local branch of the National Association of Letter Carriers takes part in the nations largest one day food drive every year. We collected 61.7 million pounds of food nationwide. Locally we collected 161,500 pounds of food which went to the local food banks. Also, NALC Branch 78 has a golf outing for MDA, a toy drive for the Gladden Community house at Christmas time, and many other positive functions which help the community and various charities. Yet, these acts go unreported to the public by the media.

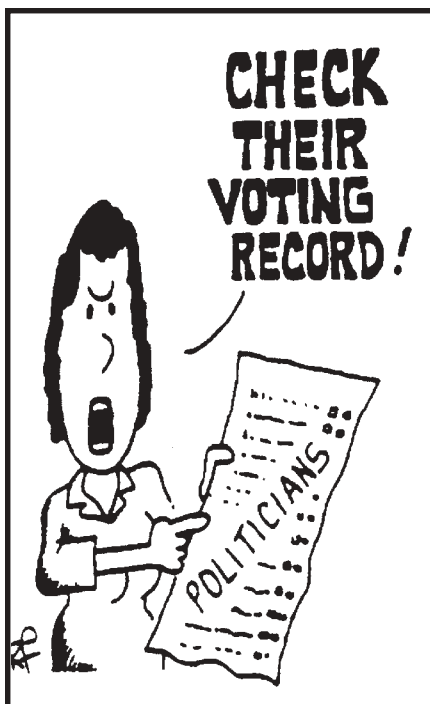
The United States Postal Service has a hard time overcoming the negative stereotypes created by the media. How many times have you said or heard the phrase "going postal".

We as employees of the Postal Service continue to strive to change those stereotypes around. Letter carriers are often overlooked by the public, yet, we serve every part of the nation six days a week. Like any occupation we have a few bad apples, but that doesn't mean the whole bunch is spoiled. Think of all the good things letter carriers do everyday that go unnoticed and unreported. We look out for the communities that we serve. We are the eyes and ears of the neighborhood.

Next time you see your letter carrier don't hide in your house. Step outside and meet your letter carrier just by saying "hi" and you will see that we are not all bad apples and in fact, are really dependable, trustworthy, and caring people.

Trevor Payne
Trustee — National Association of Letter Carriers, Branch 78 Columbus Pickerington, Ohio

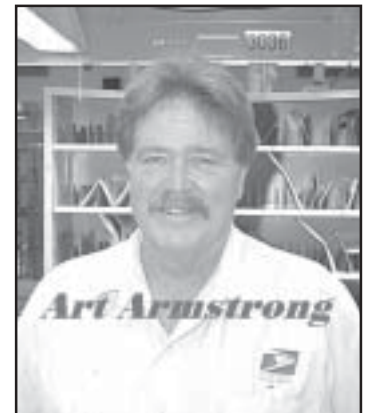
SOLIDARITY



ANOTHER LOSS...

Branch 78 has lost another respected longtime member and Current Branch Trustee, Arthur (Artie) Armstrong. Currently working out of the Gahanna Post office, Art served on several Branch committees most notably as chairman of the MDA fundraising and golf outing chairman. Art was in his third term as Trustee and his experience and knowledge will be greatly missed.

The Officers and Members of Branch 78 wish to extend to the family our sincerest sympathy.





**NALC BR 78
RETIREES PICNIC**

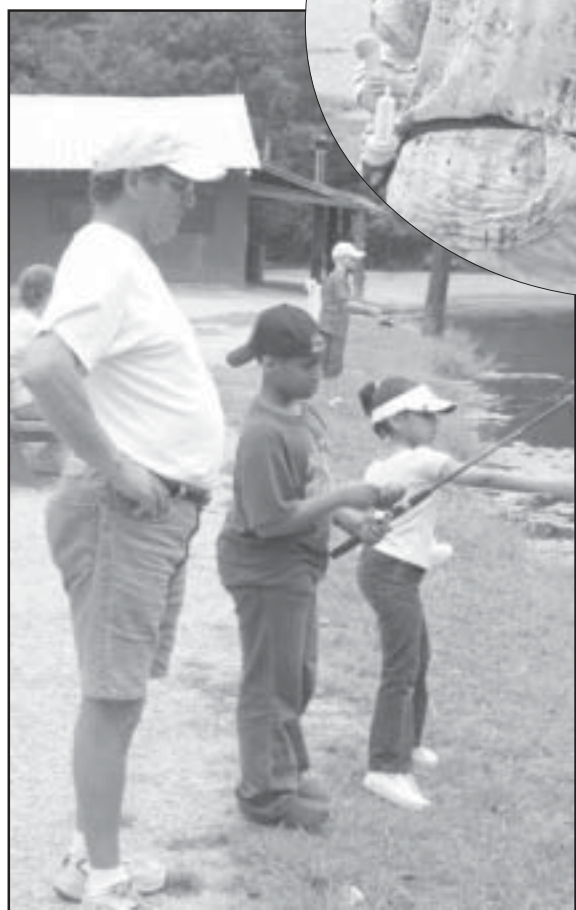




NALC ANNUAL



I want to thank Roger Noble for providing us free DJ service at the Branch Picnic. He called and said everyone forgets about the Letter Carrier and it was his way of thanking us. Let him know he is appreciated by dropping him a note and thanking him!



BR. 78 PICNIC



*BRANCH 78 INVITES YOU
TO THE ANNUAL
RETIREE'S DINNER
SATURDAY OCTOBER 4,
2003
AT THE BERWICK PARTY
HOUSE
3250 REFUGEE ROAD
COCKTAILS 6-7PM
DINNER 7PM
CONTACT JACK LEVALLY
614-875-2220
OR
UNION HALL 614-279-2778
TO RESERVE TICKETS*

1st Annual Wheelchair Fund Raising Drive, Chip and Putt Golf Outing

- WHERE: Marysville Golf Club
13683 St. Rt. 38
Marysville, OH 43040
800-742-0899
- WHEN: Sunday, October 12th, 2003
12:00 P.M. Shotgun Start. Check-in begins at 10:30 A.M.
- WHY: To raise money towards the purchase of an electric wheelchair for
Chandra Hendricks, a young woman severely injured in a car accident and
paralyzed from the chest down.
- COST: \$240 for a 4 player team (\$60 per player), best ball scramble. Includes full
barbecue dinner.
- PRIZES: Include \$\$, free golf, great gear, and gift certificates to area business'
awarded to teams, individuals, and door prize raffle.
- CONTACT: Jason Lockwood
3169 Dorris Ave
Columbus, OH 43202
614-784-8196
E-Mail: jsnlockwood@hotmail.com
- RSVP: Please RSVP by September 13th, 2003 OR fill out and return registration
below (w/ payment).

ALL proceeds to benefit the Chandra Fund.

Registration

Team Member #1 _____
Team Member #2 _____
Team Member #3 _____
Team Member #4 _____

Send To: **Jason Lockwood
3169 Dorris Ave
Columbus, OH 43202**



PROPOSED CHANGE TO ART.VII SEC.3

NOW READS

Section 3. (A) Officers Salaries. Effective 3/1/95 [1] The President shall receive a full top grade Letter Carrier's salary, Grade 2 Step O plus an additional sum of the \$188.00 per pay period. This additional sum of \$188.00 will become a fixed part of the President's salary, effective immediately. He/she shall further enjoy the entire Government fringe benefits appreciated by any letter carrier. He/she shall be granted the maximum for a letter carrier car contract. The branch shall pay the total amount for Social Security, both the Employee and Employer's part and membership dues. [2] the Vice-President shall be paid a salary of \$375.00 per month, payable monthly. [3] the Branch Recording Secretary shall be paid a salary of \$332.00 per month, payable monthly. [4] the Assistant Secretary-Editor shall be paid a salary of \$282.00 per month payable monthly. [5] the Financial Secretary-Treasurer shall be paid a salary of \$375.00 per month, payable monthly. [6] the Equal Employment Officer shall be paid a salary of \$219.00, per month payable monthly [7] the MBA, HBR and NSBA Representative shall be paid a salary of \$125.00 per month, payable monthly. [8] The branch Trustees shall be paid a fee \$50.00 monthly. [9] the Sergeant at Arms shall be paid a fee of \$50.00 per month payable monthly. [10] the Director of Retirees shall be paid a salary of \$125.00 per month, payable monthly. (B) Any officer or steward serving the branch in a LWOP status for an accumulated period of eighty (80) work hours or more must submit their vouchers for payment within forty-five days of this accumulation or Branch 78 will not be responsible for this payment of lost Sick and/or Annual Leave.

CHANGE TO READ

*Changes are in Bold

SECTION 3. (A) Officers Salaries. Effective **December 1, 2003**. [1] The President shall receive a full top grade Letter Carrier salary. Grade 2, Step O, plus an additional sum of **\$250.00** per pay This additional sum of **250.00** will become a fixed part of the Presidents salary, Effective immediately. He/She shall further enjoy the entire Government fringe benefits appreciated by any Letter Carrier. He shall be granted the maximum for a Letter Carrier car contract. The Branch shall pay the total amount for Social Security, both the employee and the employers' and membership dues. [2] The Vice President shall be paid a salary of **\$400.00**, payable monthly. **The Branch shall pat the total amount for Social Security, both the employee and the employer parts for hours scheduled at the office.** [3] The Branch Recording Secretary shall be paid a salary of **\$375.00** per month payable monthly. [4] The Assistant Secretary/ Editor shall be paid a salary of **\$350.00** per month payable monthly. [5] The Financial Secretary/Treasurer shall be paid a salary of **\$425.00** month payable monthly. [6] The Equal Opportunity Officer shall be paid salary of **\$225.00** per month payable monthly. [7] The MBA, HBR and NSBA Representative shall be paid a salary of **\$175.00** per month payable monthly. [8] The Branch Trustees shall be paid a fee of **\$125.00** monthly. [9] The Sergeant at Arms shall be paid a fee of **\$200.00**, per month , payable monthly. [10] The Director of Retirees shall be paid a salary of **\$150.00** per month payable monthly. (B) Any Officer or Steward serving the Branch in a LWOP status for an accumulated period of eighty (80) work hours or more must submit their vouchers for payment within forty five (45) days of this accumulation, or Branch 78 will not be responsible for this payment of lost Sick and /or Annual Leave.

PRE-RETIREMENT SEMINAR



Branch 78 hosted a pre-retirement seminar at the hall. I would like to thank Sandy Burkart from personnel and John Lamott from the Social Security Administration for attending and sharing their knowledge with us. It was a very informative meeting.

Alcohol and/or Other Drug Dependency: The Role of Denial

Denial, the conscious refusal to acknowledge the truth about alcohol and/or other drug use/abuse, is what keeps many people from getting the help they need, say two Counselors with the USPS EAP.

"Alcohol and/or other drug dependent people may have problems at home or at work. They may also have health problems. Unfortunately, they frequently don't realize that alcohol and/or other drugs are at the root of their problem," said Dr. David Lee, USPS EAP Clinical Director located in St. Louis.

Denial of alcohol and/or other drug use/abuse can adversely affect those closest to the alcohol and/or other drug dependent person as well. Alcohol and/or other drugs alter a person's mood and personality, explained Art Barker, USPS EAP Counselor Supervisor for the Denver District. As a person's alcohol and/or other drug dependency develops, those closest to him/her learn to adapt to these changes. Barker used the example of someone who becomes violent after drinking alcohol. Family members may adapt to this change by doing all they can to keep the person from getting angry in the first place. "The family suffers at the hand of the alcohol and/or other drug dependent person," he said.

Lee said that crack, a concentrated form of cocaine is particularly dangerous because dependency on it frequently develops so quickly. He knows of crack users who have lost their families, jobs and/or their life savings within a matter of months. Both professionals said that many alcohol and/or other drug dependent people deny their need for help until they risk losing their marriage, job and/or whatever is important to them.

Employees and/or their family members can learn more about alcohol and/or other drug dependency by contacting the USPS EAP. Barker said that he consults with his counselors to help clients see for themselves the toll that alcohol and/or other drugs can have on their lives. "I'll ask clients what the problem is and then offer solutions. It's important to give clients options. Ultimately, it's the client who has to accept his/her dependency and want to change," said Barker.

If you or someone you know has an alcohol and/or other drug problem, the USPS EAP can help. Assistance is available for all USPS employees and their family members. Call the **EAP4YOU Service Center** at **1-800-EAP-4-YOU** any time day or night.

PERSONAL • PRIVATE • PROFESSIONAL

EIGHT TIPS FOR BETTER MONEY MANAGEMENT

The two best ways to prevent financial problems are to follow a budget and watch your spending closely. District Consultants for USPS EAP offer these tips for improving money management skills.

1. Develop a household budget—and stick to it. Make a list of your household expenses by category, such as car payment, home mortgage, utilities, food, etc. Your list should not exceed your monthly, base take-home pay. If it does, find ways to cut expenses. For example, make fewer long distance phone calls, buy a more moderately priced car and/or take your lunch to work instead of eating out. Compare prices and use coupons to save money on items that you would buy anyway.
2. Pay yourself first. When developing a household budget, don't forget to set aside money for savings. Financial experts recommend saving 10% of our pay—even \$10 from each paycheck adds up.
3. Shop wisely. One rule of thumb is, "Buy what you need, not what you want." You may want a luxurious car, but if your budget won't allow it, consider a more moderately priced one.
4. Don't rely on overtime income. Don't make the mistake of relying on overtime income to pay regular monthly bills. If overtime income is either cut or no longer available, your expenses will exceed your take-home pay. Learn to live on your base salary and put overtime income into savings instead.
5. Check your bank statements. Banks, credit unions and other financial institutions can make mistakes. Always check your financial statements to be sure that all deposits have been credited and that all withdrawal amounts are correct.
6. Try to buy instead of renting or leasing. If you plan to lease a car, read the fine print carefully to ensure that you understand hidden costs and/or charges. Home ownership is generally a sounder financial plan than renting because owning offers both tax advantages and the chance to watch your investment grow.
7. Look for the best credit card, and limit your credit card use. Whenever possible, pay your balance in full each month. Any balance carried forward will ultimately cost you the price of the item plus interest charges. Shop for the best credit card—the card with the lowest interest rate and preferably no annual fee.
8. Don't gamble your money away. State lotteries, casinos and bingo halls attract people by offering the thrill of big winnings. Unfortunately, the odds that you'll lose are much greater than the odds that you'll win.

If your financial problems seem too big to handle alone, employees and/or their family members can contact the **EAP4YOU Service Center at 1-800-EAP-4-YOU.**

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WHO IS AT RISK FOR HIV INFECTION

AIDS stands for acquired immunodeficiency syndrome, a disease in which the body's immune system becomes unable or less able to fight infection. There is evidence that the AIDS causing human immunodeficiency virus or HIV has been in the U.S. at least since 1978. The Centers for Disease Control and Prevention (CDC) in Atlanta, GA, says you may be at increased risk of infection if any of the following have applied to you since 1978.

- Sharing needles or syringes to inject drugs or steroids.
- If you are a male, having had unprotected sex with other males.
- Having had unprotected sex with someone whom you believe may have been infected with HIV.
- Having had a sexually transmitted disease.
- Having received blood transfusions or blood clotting factors between 1978 and 1985.
- Having had unprotected sex with someone who would answer yes to any of the above questions.
- Having had unprotected sex with someone who has done any of the above activities.

How AIDS is Spread

According to the CDC, you can become infected with HIV in one of two main ways:

- Having unprotected sexual intercourse with an infected person, or
- Sharing drug needles or syringes with an infected person.

The CDC advises that their research shows that you cannot get AIDS—

- Through everyday contact with infected people at work, home or at school.
- From clothes, drinking fountains, phones or toilet seats. Things like clean forks, cups or other objects that someone infected with the virus has used in the past do not pass on HIV.
- From a mosquito bite. HIV does not live in a mosquito, and it is not transmitted through a mosquito's bite like other germs. You can't get HIV from bedbugs, lice, flies or other insects, either.
- From contact with sweat, saliva or tears.
- From a simple kiss. Most scientists agree that although transmission of HIV through deep or prolonged kissing may be possible because of potential blood contact, it would be unlikely.

The only way to know if you have been infected with HIV is by taking an HIV-antibody blood test at either a doctor's office or at a clinic familiar with the test. It is important that you discuss what the test may mean both before and after the test.

An USPS EAP Consultant may be able to direct you to a resource in your community where such a test can be performed. For further information, contact the ***EAP4YOU Service Center*** at **1-800-EAP-4-YOU**.

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Buckeye Branch 78

1029 Harrisburg Pike
Columbus, Ohio 43223-2524

National Association of Letter Carriers

AFL-CIO



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BRANCH #78 OFFICERS

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| PRESIDENT | ROCCO EVANGELISTA | UNION HALL 614-279-2778 |
| VICE PRESIDENT | BOB SOLT | 756-4664 |
| REC SECRETARY | RON SANTAVICCA | 740-927-1174 |
| ASST SECRETARY/EDITOR | JACK LEVALLY | 875-2220 |
| FIN SECY-TREASURER | BILL PAGANO | 279-2778 |
| EEO OFFICER | MICHAEL HOLMES | 475-2634 |
| SGT-AT-ARMS | EDWARD STEWART | 279-2778 |
| DIR OF RETIREES | JACK WELCH | 866-8153 |
| MBA HEALTH BENEFIT | ROBERT KIRK | 740-927-4590 |
| HEAD TRUSTEE | CARL BOOTH | 491-1675 |
| TRUSTEE | ART AMSTRONG | 237-1849 |
| TRUSTEE | CARL DEMKO | 351-0137 |
| TRUSTEE | YANA MILLER | 793-9789 |
| TRUSTEE | TREVOR PAYNE | 447-8078 |

| STATION | STEWARD | BUSINESS-HOME |
|---------------------------|---------------------------------------|----------------|
| A Short North | Douglas Doherty | 294-4922 |
| B Clintonville | Douglas Lawver | 447-8078 |
| BW Beechwold | John Klinger | 447-8078 |
| BEX Bexley | David B. Jackson | 237-2830 |
| Canal Winchester | Gary Boller | 471-8289 |
| C Linden | Anwar Mateen | 476-1590 |
| CP Central Point | Mark Beach | 228-1570 |
| CIR Circleville | P. Moore | 471-8289 |
| City Gate Collection Unit | C. Synder/T. Hogan | 472-0500 |
| DEL Delaware | Randy Hartman/R.Eglin | 1-740-363-1906 |
| DUB Dublin | Teresa A. Forman | 889-0763 |
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